

## Black Sheep 3hr & 6hr Challenge 2023 Provisional Results

3.55 Mile	1 Lap			
Female	Bib No	Name	Club	Time
3hr	200	Liz Lockley		00:41:00
6hr	112	Emma Diamond		01:46:00
3hr	101	Ami Woodcock		01:50:00
Male	Bib No	Name	Club	Time
3hr	126	Simon Galloway	Scunthorpe & District RC	00:33:00

10K	2 Laps			
Female	Bib No	Name	Club	Time
3hr	127	Cher Ludlow		01:13:00
Male	Bib No	Name	Club	Time
3hr	124	Paul Long		01:02:00
6hr	229	Nicholas Rigg		01:13:00
6hr	158	Harry Schofield		01:15:00
6hr	89	Colin Dandy		01:35:00
3hr	109	Darren Sunderland		01:45:00

10.65 Miles	3 Laps			
Female	Bib No	Name	Club	Time
3hr	113	Joanne Todd	Stockton Striders	02:08
6hr	88	Claire Pepper		02:08
6hr	125	Ruth Roberts		02:10
3hr	102	Andrea May	Dartford Harriers	02:24
3hr	129	Ellen Briggs		02:24
6hr	174	Joanne Sharman		02:30
6hr	171	Jane Marshal	York Acorn RC	02:43
6hr	201	Lorraine Syme Smith		02:46

3hr	116	Laura Egan		02:46
3hr	106	Christine Davies		03:02
6hr	159	Hayley Killick		03:38
6hr	199	Liz Hare		04:34
<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	166	Ian Smith		02:36

<b>14.20 Miles</b>	<b>4 Laps</b>			
<b>Female</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	183	Katie Dandy		02:45
3hr	115	Kate Dickinson		02:49
3hr	105	Caroline Harland		02:52
3hr	107	Clair Hibbert		02:52
6hr	191	Liane Warren	Ackworth RR	03:14
6hr	204	Lucy Vamplew	Ackworth RR	03:14
3hr	100	Abby Aire		03:20
6hr	147	Steph Attenborough		03:23
6hr	275	Sarah Benson		03:27
6hr	195	Linda Fothergill		03:30
6hr	164	Hilary Bevan		03:35
3hr	110	Emily Atkinson		03:35
6hr	182	Katerina Krejci		03:49
3hr	104	Caroline Davies		04:01
6hr	279	Sophie Ramplin		04:01
6hr	208	Marie Manning		04:40
<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	207	Marc Potter		02:05
6hr	210	Martin Draper		02:07
6hr	175	Jonathon Godfrey	City of Hull AC	02:10
3hr	108	Craig May		02:15

3hr	114	Jon Bailes		02:20
6hr	91	Damien Brindle		02:37
6hr	123	Nick Marsden	Beverley AC	02:59
6hr	211	Martin Wright	100 Marathon Club	03:00
6hr	290	Tony Norris		03:35
3hr	122	Mark Gallimore		03:19
3hr	103	John Garbutt		03:27
6hr	90	Craig Fothergill		03:30
6hr	261	Peter O'Mahoney		03:46

17.75 Miles	5 Laps			
Female	Bib No	Name	Club	Time
6hr	297	Dawn Broom		03:02
3hr	120	Lucy Owens	Ripon Runners	03:04
6hr	41	Alice Thorne		03:20
6hr	295	Katie Skelton		03:43
6hr	227	Nemi Walding		04:00
6hr	163	Helena Conlin		04:21
6hr	284	Sue Blackman		04:28
6hr	44	Andrea Watson		04:43
6hr	255	Paula Dennis		04:51
6hr	153	Dawn Cornforth		05:07
Male	Bib No	Name	Club	Time
6hr	55	Andrew Johnson		02:49
6hr	298	John Broom		03:02
6hr	65	Blue Watt		03:20
6hr	218	Michael Pate		03:22
6hr	299	Ste Grimshaw		03:35
6hr	56	Andrew Gatenby		04:52
6hr	272	Russell Cottrell		04:32
6hr	178	Jonathan Calver	UK Runchat RC	04:34

6hr	257	Peter Manning		04:40
6hr	262	Peter Craig		04:48

<b>21.3 Miles</b>	<b>6 laps</b>			
<b>Female</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hrs	161	Heather Hodgson		04:41
6hrs	276	Sarah Jarman		04:55
<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	209	Mark Plant		02:54
6hr	149	Zack Oldpczd		03:14
6hr	282	Steve Braund		03:19
6hr	54	Andrew Elliott	Tri-Anglia	03:25
6hr	269	Robert Vincent		03:39
6hr	170	Jamie Baker		03:47
6hr	273	Samuel Hall		03:50
6hr	287	Simon Marland		03:58
6hr	71	Christopher Addison		04:06

<b>24.85 Miles</b>	<b>7 laps</b>			
<b>Female</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	291	Victoria Christon	Richmond and Zealand Harriers	05:26
6hr	287	Theresa Tate		05:33
6hr	172	Janice Storr		06:05
6hr	43	Amanda Piper		06:07
<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	67	Chris Parker		04:28
6hr	59	Andy Whiteley		04:45
6hr	151			05:12
6hr	289	Tim Dean		05:33

6hr	252	Paul Storr		06:05
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28.40 Miles	8 Laps			
Female	Bib No	Name	Club	Time
6hr	150	Kate Harrison		04:05
6hr	1	Amy Jones		04:37
6hr	148	Kirsty Naylor		04:58
6hr	181	Julie Bradshaw		05:09
6hr	296	Sophie Birnie		05:14
6hr	285	Suzanne Foster		05:18
6hr	203	Louise Cantley		05:48
6hr	280	Stephanie Coop		05:54
6hr	184	Kelly Lonsdale		05:57
6hr	205	Lucy Ward		06:22
6hr	82	Claire Pendery	100 Marathon Club	06:28
Male	Bib No	Name	Club	Time
6hr	293	Joe Stearn		04:39
6hr	52	Andy Bristow		04:41
6hr	283	Stuart Pickford		04:57
6hr	128	Paul Barton		05:01
6hr	152	David Clarke		05:51
6hr	294	Richard Hine		05:54
6hr	168	James Falkingham		06:15

31.95 Miles	9 Laps			
Female	Bib No	Name	Club	Time
6hr	188	Kirsten Civil		06:06
6hr	63	Annette Roe	Rothwell Harriers	06:18
6hr	162	Helen Kipling	Newburn RC	06:32

<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	235	Nigel Moscardini		05:26
6hr	154	Ed Day		06:16
6hr	39	Adam Yeadon		06:36

<b>39.05 Miles</b>	<b>11 Laps</b>			
<b>Male</b>	<b>Bib No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
6hr	185	Kevin Easley		06:15
6hr	263	Rob Crump		06:32
6hr	226	Neil Kenny	Caistor RC	06:32